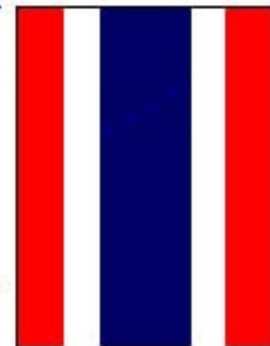




**PRIDE GYM**



**MUAY THAI KICKBOXING TRAIL, BRITISH COLUMBIA, CANADA**

**2007/2008 CLASS SCHEDULE**

<b>_MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
10:30 AM-12:00 DAY MUAYTHAI		10:30AM-12:00 DAY MUAYTHAI		10:30AM-12:00 DAY MUAYTHAI		
	4:30-5:30PM CHILDRENS MUAY THAI		4:30-5:30PM CHILDRENS MUAY THAI			
5:00-6:00PM OPEN TRAINING	5:30-6:30PM YOUTH MUAY THAI	5:00-6:00PM OPEN TRAINING	5:30-6:30PM YOUTH MUAY THAI			
5:30-7:00PM ADULT'S JIUJITSU MMA	6:30-7:30PM CARDIO KICKBOXING	5:30-7:00PM ADULT'S JIUJITSU MMA	6:30-7:30PM CARDIO KICKBOXING	6:30-8:00PM OPEN TRAINING	6:30-8:00PM OPEN TRAINING	
7:00-8:00PM CARDIO KICKBOXING	7:30-8:30PM COMPETITIVE MUAY THAI	7:00-8:00PM CARDIO KICKBOXING	7:30-8:30PM COMPETITIVE MUAY THAI			